

Norway (Northern Europe)

Touring Tips



You should read the following alongside our [general advice for motoring in Europe](#).

Driving licence

- You must be at least 18 years old to drive a temporarily imported car or motorcycle (11-25kw)
- You must be at least 16 to ride an 11kw motorcycle and at least 20 to ride a machine over 25kw.

Motor Insurance

You must at least have third-party cover.

Fuel

- Unleaded petrol, blyfri (95 & 98 octane) and diesel are available.
- LPG availability is very limited.
- You may carry petrol in a can but must not do so on board a ferry.
- Credit cards are accepted at filling stations but you should check with your card issuer for usage in Norway before travel.

Speed limits

(Standard legal limits, which may be varied by signs, for private vehicles without trailers)

- Built-up areas 31 mph (50 km/h)
- Outside built-up areas 49 mph (80 km/h)
- Motorways 55 mph (90km/h), 62 mph (100km) or 68 mph (110 km/h).
- In residential areas speed limits can be lowered to 18 mph (30km/h)

Seat belts

Front and rear seat occupants must wear seat belts, if fitted.

Passengers/children in cars

- Children under 1.35m tall must use an appropriate child restraint.
- Airbags must be deactivated where children are seated in a rear-facing child restraint.
- A child between 1.35 and 1.5m tall should use a booster seat with an adult seat belt.

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Lights

It's compulsory to use dipped headlights during the day.

Motorcycles

- It's compulsory to use your dipped headlight at all times.
- Riders must wear a crash helmet.

Drinking and driving

- The legal limit is 20 milligrams of alcohol per 100 millilitres of blood.
- Penalties are severe and include heavy fines and/or prison and the surrender of your driving licence.
- Random breath tests are carried out and you can be asked to undergo a blood test for drugs.

Fines

- On-the-spot fines may be imposed.
- If you park illegally your vehicle may be towed away.

It's compulsory to carry the following in Norway

- **Warning triangle** (vehicles with more than two wheels)
- **Reflective jackets** – compulsory for residents and strongly recommended for visitors. You should carry reflective jackets in the passenger compartment and wear them if you or your passengers need to exit a vehicle following a breakdown on the carriageway of all motorways and main or busy roads.
- **Winter equipment** – If there is snow or ice covering the roads, winter tyres or snow chains must be used. You can be fined for travelling on icy/snowy roads using summer tyres (summer tyres are fitted as standard in the UK) only. You can expect your vehicle to be checked at or near the border – if you are not carrying/using snow chains you must purchase a set or return to the border.
- When winter tyres are used they must be fitted on all wheels and must have a minimum tread depth of 3mm.

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Other rules/requirements in Norway

It's recommended that you carry a first-aid kit, fire extinguisher and set of replacement bulbs.

You will have to pay tolls on some roads, bridges and tunnels as well as city tolls in Bergen, Haugesund, Kristiansand, Oslo, Stavanger, Tonsberg, Trondheim. You have to pay city tolls before entering 'the zone' and can do at the nearest Esso station.

You may use spiked tyres from 1 November to the first Sunday after Easter. If used, spiked tyres must be fitted to all four wheels.

You will be charged a fee for using spiked tyres in the municipalities of Oslo and Bergen. The required stickers are available to purchase daily, monthly or yearly.

In the three Northern counties of Nordland, Troms and Finnmark spiked tyres are permitted from 15 October to 1 May.

If you are towing a caravan you must use special rear view mirrors.

You must always give way to trams.

It's forbidden to use radar detectors.

If you are hiring a car you must check that it comes complete with the appropriate tyres and other equipment required.

Electric vehicles are allowed to use bus lanes in Oslo.

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